

January 2022

Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday
						<div style="text-align: right;">1</div> <p>Happy New Year 2022</p> 
<div style="text-align: right;">2</div> <p>Melody Assisted Living Activity Calendar</p> <p>9:00a Service with Jim & Santina 10:00a Open Exercise (Fitness Rm) 2:00p Leisure Games (Harm Rm) 3:00p Res. Choice Movie (Theater) 6:00p Res. Choice Movie (Theater)</p>	<div style="text-align: right;">3</div> <p>9:00 Indoor Walking (Theater) 10:00a Bible Study (Confer Rm) 11:00a Chair Exercise (Theater) 2:00p Res. Act. Planning (Harm Rm) 3:00p Cards/Games (Harm Rm)</p>	<div style="text-align: right;">4</div> <p>9:00a Indoor Walking (Theater) 10:30a Chair Exercise (Theater) 11:00a Zumba (Theater) 2:00p Food Forum 3:00p Afternoon Movie (Theater)</p>	<div style="text-align: right;">5</div> <p>9:00a Indoor Walking (Theater) 10:30a Chair Exercise (Theater) 11:00a Zumba Class (Theater) 2:00p Leisure Games (Harm Rm) 3p/6p Resident Choice Movies</p>	<div style="text-align: right;">6</div> <p>9:00a Indoor Walking (Theater) 10:00a Chair Exercise (Theater) 11:00a Zumba Class (Theater) 1:00p Resident Council (Har Rm) 2:00p Guest Entertainer (Bistro)</p>	<div style="text-align: right;">7</div> <p>9:00a Indoor Walking (Theater) 10:00a Chair Exercise (Theater) 11:00a Zumba Class (Theater) 2:00p BINGO (Harm Rm) 3:30p Live Entertainer</p>	<div style="text-align: right;">8</div> <p>9:00a Indoor Walking (Theater) 10:00a Chair Exercise (Theater) 11:00a Zumba Class (Theater) 2:00p Indoor Games (Harm Rm) 3:00p Afternoon Movie (Theater)</p>
<div style="text-align: right;">9</div> <p>9:00a Service with Jim & Santina 10:00a Open Exercise (Fitness Rm) 2:00p Harp Worship (Harm Rm) 3:00p Res. Choice Movie (Theater) 6:00p Res. Choice Movie (Theater)</p>	<div style="text-align: right;">10</div> <p>9:00 Indoor Walking (Theater) 10:00a Bible Study (Confer Rm) 11:00a Chair Exercise (Theater) 1:00P Indoor Games (Harm Rm) 3:00p Cards/Games (Harm Rm)</p>	<div style="text-align: right;">11</div> <p>9:00a Indoor Walking (Theater) 10:30a Chair Exercise (Theater) 11:00a Zumba (Theater) 3:00p Music Therapy (Harm Rm) 3:00p Afternoon Movie (Theater)</p>	<div style="text-align: right;">12</div> <p>9:00a Indoor Walking (Theater) 10:30a Chair Exercise (Theater) 11:00a Zumba Class (Theater) 2:00p Leisure Games (Harm Rm) 3p/6p Resident Choice Movies</p>	<div style="text-align: right;">13</div> <p>9:00a Indoor Walking (Theater) 10:00a Chair Exercise (Theater) 11:00a Zumba Class (Theater) 2:00p Cards/Games (Harm Rm) 3:30p Live Entertainer (Harm Rm)</p>	<div style="text-align: right;">14</div> <p>9:00a Indoor Walking (Theater) 10:00a Chair Exercise (Theater) 11:00a Zumba Class (Theater) 2:00p BINGO (Harm Rm) 3:30p Live Entertainer</p>	<div style="text-align: right;">15</div> <p>9:00a Indoor Walking (Theater) 10:00a Chair Exercise (Theater) 11:00a Zumba Class (Theater) 2:00p Manicures (Harm Rm) 3:00p Afternoon Movie (Theater)</p>
<div style="text-align: right;">16</div> <p>9:00a Service with Jim & Santina 10:00a Open Exercise (Fitness Rm) 2:00p Leisure Games (Harm Rm) 3:00p Res. Choice Movie (Theater) 6:00p Res. Choice Movie (Theater)</p>	<div style="text-align: right;">17</div> <p>MARTIN LUTHER KING JR DAY</p> <p>9:00 Indoor Walking (Theater) 10:00a Bible Study (Confer Rm) 11:00a Chair Exercise (Theater) 2:00p Tribute to MLK (Harm Rm) 3:00p Cards/Games (Harm Rm)</p>	<div style="text-align: right;">18</div> <p>9:00a Indoor Walking (Theater) 10:30a Chair Exercise (Theater) 11:00a Zumba (Theater) 2:00p Food Forum 3:00p Jewelry w/ Rita (Harm Rm)</p>	<div style="text-align: right;">19</div> <p>9:00a Indoor Walking (Theater) 10:30a Chair Exercise (Theater) 11:00a Zumba Class (Theater) 2:00p Leisure Games (Harm Rm) 3p/6p Resident Choice Movies</p>	<div style="text-align: right;">20</div> <p>9:00a Indoor Walking (Theater) 10:00a Chair Exercise (Theater) 11:00a Zumba Class (Theater) 2:00p Ken Musselwhite (Bistro) 3:00p Music and Games (Bistro)</p>	<div style="text-align: right;">21</div> <p>9:00a Indoor Walking (Theater) 10:00a Chair Exercise (Theater) 11:00a Zumba Class (Theater) 2:00p BINGO (Harm Rm) 3:00p Happy Hour/Trivia</p>	<div style="text-align: right;">22</div> <p>9:00a Indoor Walking (Theater) 10:00a Chair Exercise (Theater) 11:00a Zumba Class (Theater) 2:00p Indoor Games (Harm Rm) 3:00p Afternoon Movie (Theater)</p>
<div style="text-align: right;">23</div> <p>9:00a Service with Jim & Santina 10:00a Open Exercise (Fitness Rm) 2:00p Leisure Games (Harm Rm) 3:00p Res. Choice Movie (Theater) 6:00p Res. Choice Movie (Theater)</p>	<div style="text-align: right;">24</div> <p>9:00 Indoor Walking (Theater) 10:00a Bible Study (Confer Rm) 11:00a Chair Exercise (Theater) 2:00p Indoor Games (Harm Rm) 3:00p Afternoon Movie (Theater)</p>	<div style="text-align: right;">25</div> <p>9:00a Indoor Walking (Theater) 10:30a Chair Exercise (Theater) 11:00a Zumba (Theater) 2:00p Food Forum 3:00p Denise & Dogs (Bistro)</p>	<div style="text-align: right;">26</div> <p>9:00a Indoor Walking (Theater) 10:30a Chair Exercise (Theater) 11:00a Zumba Class (Theater) 1:00p Paxon Meet 7 Greet (Harm) 3p/6p Resident Choice Movies</p>	<div style="text-align: right;">27</div> <p>9:00a Indoor Walking (Theater) 10:00a Chair Exercise (Theater) 11:00a Zumba Class (Theater) 2:00p Group Games (Harm Rm) 3:00p Music and Games (Bistro)</p>	<div style="text-align: right;">28</div> <p>9:00a Indoor Walking (Theater) 10:00a Chair Exercise (Theater) 11:00a Zumba Class (Theater) 2:00p BINGO (Harm Rm) 3:30p Happy Hour</p>	<div style="text-align: right;">29</div> <p>9:00a Indoor Walking (Theater) 10:00a Chair Exercise (Theater) 11:00a Zumba Class (Theater) 2:00p Kid Magicians (Harm Rm) 3:00p Afternoon Movie (Theater)</p>
<div style="text-align: right;">30</div> <p>9:00a Service with Jim & Santina 10:00a Open Exercise (Fitness Rm) 2:00p Leisure Games (Harm Rm) 3:00p Oasis Band (Harm Rm) 6:00p Res. Choice Movie (Theater)</p>	<div style="text-align: right;">31</div> <p>9:00 Indoor Walking (Theater) 10:00a Bible Study (Confer Rm) 11:00a Chair Exercise (Theater) 2:00p Res. Act. Planning (Harm Rm) 3:00p Cards/Games (Harm Rm)</p>					



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Activities are subject to change, any questions, concerns, or suggestions may go to Sharon Johnson; Life Enrichment Director 719-960-4005