


Sunday	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	
	<p>8:30 am Exercise with Paxxon (FC) 1 9:00 am- 10:30am- Hearing aid cleaning by Hearing Health (HR) 10:00 am Garden Committee Meeting (MR) 10:30 am What's Brewing?? (BI) 11:00 am Exercise Equipment Tutorial with Paxxon (FC) 1:00 pm MOVIE Sister Act (1992) (HR) 2:30-4:30 pm Mah Jongg(AR) 3:00 pm B-I-N-G-O (DR) 4:00 pm Wii Games (HR)</p> <p style="text-align: center;">Canada Day</p>	<p>8:30 am Exercise with Paxxon (FC) 2 10:30 am What's Brewing?? (BI) 10:45 am Colorado Experience-Documentary (HR) 1:30 pm Welcome Committee Meeting (LI) 2:00 pm Group Trivia (HR) 3:00 pm Abraham Lincoln Live Presenter-" Independence Day" (AL-HR)</p>	<p>8:30 am Exercise with Paxxon (FC) 3 8:30 am-12:00 pm Shopping trip (Any store)**(BUS) 10:30 am Farmer/Rancher Coffee & Chat (BI) 10:45 am Women's Bible Study (AR) 2:00 pm Activities Meeting (DR) 3:00 pm Mexican Train (LI) 3:00 pm Wii Games (HR) 4:00 pm Dance Party (BI)</p> <p><i>*Casual for a Cause (Staff & Residents)-Wear jeans and donate \$2 to Alzheimer's Association*</i></p>	<p>8:30am Exercise with Paxxon 4 9:30 am Quilts of Valor Award Ceremony for veterans (DR) 11:30 am-2:00 pm Fourth of July Cookout (DR/CY) 1:00 pm Bible Study (HR) 3:00 pm Movie Lincoln (2012) (HR)</p> <p style="text-align: center;">Independence Day (US)</p>	<p>8:30 am Exercise with Paxxon (FC) 5 9:00 am Bible Study Makeup Session (AR) 10:00 am Garden of the Gods Scenic Tour/Glen Eyrie Castle Tour \$\$ (BUS)** 10:30 am Coffee Talk with Chef Melissa (BI) 1:30 pm Go Team Therapy Dogs (LI) 1:00 pm Movie Sister Act 2 (1993) (HR) 4:00 pm Happy Hour Appetizers and Drinks - With George (BI)</p>	<p>9:00 am Zumba Gold with Delaney (FC) 10:00 am 9 Ball in the Bistro (BI) 11:00 am Gospel Jubilee with Gus & Friends (HR) 1:30 pm Warm Hearts Knitting and Crochet (LI) 2:00 pm Heart Health Talk by Tonya Hunt, RN- Berkley Hospice (HR) 2:00pm Cards/Games *resident led (BI) 3:00 pm POKER-DO (MR)</p>	
<p>Religious Services 7 Transportation Available</p> <p>BRUNCH 11AM - 2PM</p> <p>2:00 pm Outdoor Games- Golf, Cornhole, Connect Four (Weather permitting) (CY) 4:00 pm When Calls the Heart (HR)</p>	<p>8:30 am Exercise with Paxxon (FC) 8 10:00 am Garden Committee Meeting (MR) 10:30 am What's Brewing?? (BI) 11:00 am Blood Pressure Clinic-Optimal/Paxxon (BI) 1:00 pm MOVIE Maleficent (2014) (HR) 2:30-4:30 pm Mah Jongg(AR) 3:00 pm B-I-N-G-O!! (DR) 4:00 pm Wii Games (HR)</p>	<p>8:30 am Exercise with Paxxon (FC) 9 10:00 am Drop off at Lodge Pool (BUS) 10:30 am What's Brewing?? (BI) 10:45 am Colorado Experience-Documentary (HR) 12:00 pm Pick up at Lodge Pool (BUS) 2:00 pm Book Club (AR) 2:00 pm Group Trivia (HR) 3:00 pm July Birthday Party- Everyone Welcome! (BI)</p>	<p>8:30 am Exercise with Paxxon (FC) 10 8:30 am- 12:00 pm Shopping trip (Any store)**(BUS) 10:00- 11:00 am Dollar Store trip**(BUS) 10:30 am What's Brewing?? (BI) 10:45 am Women's Bible Study (AR) 2:00 pm Foodie Meeting (DR) 3:00 pm Mexican Train (LI) 3:00 pm Wii Games (HR) 4:00 pm Dance Party (BI)</p> <p><i>*Casual for a Cause*</i></p>	<p>9:00am Rhythm & Moves -Line Dancing & Exercise Class (FC) 11 10:00am- noon Craft Corner- Memory Tree Hearts (AR) 10:00 am Catholic Communion (AL-T) 10:30am What's Brewing(BI) 11:00 am Jeopardy (MR) 1:00pm Bible Study (HR) 3:00pm B-I-N-G-O with Flagship Health (DR)</p>	<p>8:30 am Exercise with Paxxon (FC) 12 9:00 am Bible Study Makeup Session (AR) 9:30 am Cheyenne Mountain Zoo \$\$ (BUS)** 10:30 am What's Brewing?? (BI) 1:00 pm Movie Hacksaw Ridge (2016) (HR) 2:00 pm Lulu's Frozen Yogurt Trip \$\$ (BUS)** 4:00 pm Happy Hour Appetizers and Drinks - With Gus Meza (BI)</p>	<p>10:00 am 9 Ball in the Bistro (BI) 13 11:00 am Gospel Jubilee with Gus & Friends (HR) 11:00 am -2:00 pm Melody Living Carnival (CY) 1:30 pm Warm Hearts Knitting and Crochet (LI) 2:00pm Cards/Games *resident led (BI) 3:00 pm POKER-DO (MR)</p>	
<p>Religious Services 14 Transportation Available</p> <p>BRUNCH 11AM - 2PM</p> <p>2:00 pm Outdoor Games- Golf, Cornhole, Connect Four (Weather permitting) (CY) 4:00 pm When Calls the Heart (HR)</p>	<p>8:30 am Exercise with Paxxon (FC) 15 10:00 am Garden Committee Meeting (MR) 10:30 am What's Brewing?? (BI) 1:00 pm MOVIE The Westerner (1940) (HR) 2:30-4:30 pm Mah Jongg(AR) 3:00 pm B-I-N-G-O with Mason Law (DR) 4:00 pm Wii Games (HR)</p> <p><i>*Deadline for donation drop off at Concierge!*</i></p>	<p>8:00 am VVA Donation Pick Up 8:30 am Exercise with Paxxon (FC) 16 10:30 am What's Brewing?? (BI) 10:30 am PPLD Library Stop (LO) 10:45 am Colorado Experience-Documentary (HR) 2:00 pm Group Trivia (HR) 3:30 pm Estate Planning Seminar by Mason Law (HR)</p>	<p>8:30 am Exercise with Paxxon (FC) 17 8:30 am- 12:00 pm Shopping trip (Any Store)**(BUS) 10:30 am What's Brewing?? (BI) 10:45 am Women's Bible Study (AR) 2:00pm Town Hall Meeting (DR) 3:00 pm Mexican Train (LI) 3:00 pm Wii Games (HR) 4:00 pm Dance Party (BI)</p> <p><i>*Casual for a Cause*</i></p>	<p>8:30am Exercise with Paxxon 18 10:00 am Art Class with Connie (AR) 10:30am What's Brewing(BI) 11:00 am Jeopardy (HR) 1:00pm Bible Study (HR) 3:00pm B-I-N-G-O with Clear Spring Health(DR)</p>	<p>8:30 am Exercise with Paxxon (FC) 19 9:00 am Bible Study Makeup Session (AR) 10:30 am Western Museum of Mining & Industry \$\$ (BUS)** 10:30 am What's Brewing?? (BI) 1:00 pm Dead Poet's Society (1989) (HR) 2:00 pm Dairy Queen Trip \$\$ (BUS)** 4:00 pm Happy Hour Appetizers and Drinks-With Charlie Katz (BI)</p>	<p>9:00 am Zumba Gold with Delaney (FC) 10:00 am 9 Ball in the Bistro (BI) 11:00 am Gospel Jubilee with Gus & Friends (HR) 1:30 pm Warm Hearts Knitting and Crochet (LI) 2:00-4:00 pm Alzheimer's Craft Day (AR) 2:00pm Cards/Games *resident led (BI) 3:00 pm POKER-DO (MR)</p>	
<p>Religious Services 21 Transportation Available</p> <p>BRUNCH 11AM - 2PM</p> <p>2:00 pm Outdoor Games- Golf, Cornhole, Connect Four (Weather permitting) (CY) 4:00 pm When Calls the Heart (HR)</p>	<p>8:30 am Exercise with Paxxon (FC) 22 10:00 am Garden Committee Meeting (MR) 10:30 am What's Brewing?? (BI) 1:00 pm MOVIE The Horse Dancer (2017) (HR) 2:30-4:30 pm Mah Jongg(AR) 3:00 pm B-I-N-G-O!! (DR) 4:00 pm Wii Games (HR)</p>	<p>8:30 am Exercise with Paxxon (FC) 23 10:00 am Drop off at Lodge Pool (BUS) 10:30 am What's Brewing?? (BI) 10:45 am Colorado Experience-Documentary (HR) 12:00 pm Pick up at Lodge Pool (BUS) 2:00 pm Book Club (AR) 2:00 pm Group Trivia (HR) 3:00 pm "Get Outside Day" Social Hour (PA)</p>	<p>8:30 am Exercise with Paxxon (FC) 24 8:30 am- 12:00 pm Shopping trip (Any Store)**(BUS) 10:30 am What's Brewing?? (BI) 10:45 am Women's Bible Study (AR) 1:30 pm "Top Ways to Take Better Care of Yourself" Talk by Paxxon (HR) 2:00 pm Mexican Train (LI) 3:00 pm Wii Games (HR) 4:00 pm Dance Party (BI)</p> <p><i>*Casual for a Cause*</i></p> <p style="text-align: center;">*International Self Care Day*</p>	<p>9:00am Rhythm & Moves- Line Dancing & Exercise Class (FC) 25 10:00am- noon Craft Corner- Clay Dishes (AR) 10:00 am Catholic Communion (AL-T) 10:30am What's Brewing?? (BI) 11:00 am Jeopardy (HR) 1:00 pm Bible Study (HR) 2:00 pm Travel to Canada Documentary (HR) 3:00 pm B-I-N-G-O!! (DR) 4:00 pm Taste of Canada Demo (BI)</p>	<p>8:30 am Exercise with Paxxon (FC) 26 9:00 am Bible Study Makeup Session (AR) 10:30 am Coffee Talk with Chef Melissa (BI) 1:00 pm MOVIE 42 (2013) (HR) 4:00 pm Happy Hour Appetizers and Drinks-With Lone Wolf (BI) 6:30 pm Gala Concert by Manitou Chamber Music \$\$ (BUS)**</p> <p style="text-align: center;"><i>*Start of the Summer Olympics!*</i></p>	<p>10:00am 9 Ball in the Bistro (BI) 27 11:00 am Gospel Jubilee with Gus & Friends (HR) 1:30 pm Warm Hearts Knitting and Crochet (LI) 2:00pm Cards/Games *resident led (BI) 3:00 pm POKER-DO (MR)</p>	
<p>Religious Services 28 Transportation Available</p> <p>BRUNCH 11AM - 2PM</p> <p>2:00 pm Outdoor Games- Golf, Cornhole, Connect Four (Weather permitting) (CY) 4:00 pm When Calls the Heart (HR)</p>	<p>8:30 am Exercise with Paxxon (FC) 29 10:00 am Garden Committee Meeting (MR) 10:30 am What's Brewing?? (BI) 1:00 pm MOVIE To Catch a Thief (1955) (HR) 2:30-4:30 pm Mah Jongg(AR) 3:00 pm BIG B-I-N-G-O (DR) 4:00 pm Wii Games (HR)</p>	<p>8:30 am Exercise with Paxxon (FC) 30 10:30 am What's Brewing?? (BI) 10:45 am Colorado Experience-Documentary (HR) 2:00 pm Group Trivia (HR) 3:00 PM New July Resident Social- Everyone Welcome! (BI)</p>	<p>8:30 am Exercise with Paxxon (FC) 31 8:30 am- 12:00 pm Shopping trip (Any Store)**(BUS) 10:30 am What's Brewing?? (BI) 10:45 am Women's Bible Study (AR) 1:30 pm Cheyenne Mountain Mobile Zoo (HR) 2:00 pm Mexican Train (LI) 3:00 pm Wii Games (HR) 4:00 pm Dance Party- Line Dancing Demo/lessons w/ Janelle & Sebastian (FC)</p> <p><i>*Casual for a Cause*</i></p>	 <p style="font-size: 2em; color: red; font-weight: bold;">JULY 2024</p>			

DOW - All activities subject to change due to weather, etc.

**Must Sign up

\$\$Resident pays for their own

HR: Harmony Room MR: Melody Room LI: Library CY: Courtyard BI: Bistro DR: Main Dining Room AR: Art Room PA: Bistro Patio BUS: Bus LO: Lobby FC: Fitness Center PDR: Private Dining