










SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY	
	1 10:15a Small Group Exercise: Stretch <i>Fitness Center</i> 10:45a 11:30a Monthly Gazette <i>Resident's Room</i> 2:00p Craft Corner: Magazine Art <i>Harmony Room</i> 4:00p Afternoon Walking Club <i>Meet in Harmony Room</i>	2 8:00A Green Eggs and Ham <i>Bistro</i> 10:15a Small Group Exercise: Weights <i>Fitness Center</i> 10:45a 1:30p The Cat in the Hat! <i>Theater</i> 2:00p Craft Corner: Dr. Seuss Characters <i>Harmony Room</i>	3 10:15a Small Group Exercise: Bands <i>Fitness Center</i> 10:45a 11:30a Creative Corner: Puggy Dogs <i>Art Room</i> 1:30p Wednesday Movies <i>Resident's Room</i> 2:00p Brain Games: Modern Trivia <i>Harmony Room</i>	4 10:15a Small Group Exercise: Balance <i>Fitness Center</i> 10:45a 11:30a Cranium Crunch: Famous March Birthdays <i>Resident's Room</i> 2:00p-3:00p Thirsty Thursday Beverage Cart Bailey's Martini <i>Resident's Rooms</i>	5 10:15a Small Group Exercise: Range of Motion <i>Fitness Center</i> 10:45a 2:00p Melody Living's Family Recipe Book <i>Harmony Room</i> 3:00p Pot O' Gold Center Pieces <i>Art Room</i>	6 10:15a Small Group Exercise: Weights <i>Fitness Center</i> 10:45a 11:30a Good News Discussion <i>Harmony Room</i> 1:30p Silly Saturday Movies <i>Theater</i> 2:00p Bingo <i>Resident's Room</i>	
	7 11:00a Church Services <i>Theater</i> 12:00p Sunday's Leisure Packets <i>Resident's Room</i> 2:00p Exercise Games: Cornhole <i>Harmony Room</i>	8 10:15a Small Group Exercise: Stretch <i>Fitness Center</i> 10:45a 11:30a Cranium Crunch: Amazing Animals <i>Resident's Room</i> 2:00p Move to the Beat: Drum Exercises With Lisa <i>Harmony Room</i> 4:00p Afternoon Walking Club <i>Meet in Harmony Room</i>	9 10:15a Small Group Exercise: Weights <i>Fitness Center</i> 10:45a 1:30p Thriller Movie Tuesday <i>Theater</i> 2:00p Personality Tops the Charts: Personality Test <i>Harmony Room</i>	10 Mario Day! 10:15a Small Group Exercise: Bands <i>Fitness Center</i> 10:45a 1:30p Wednesday Movies <i>Resident's Room</i> 2:00p Special Day Activities: Mario Kart Racing <i>Harmony Room</i>	11 10:15a Small Group Exercise: Balance <i>Fitness Center</i> 10:45a 11:30a Cranium Crunch: Famous March Birthdays <i>Resident's Room</i> 2:00p-3:00p Thirsty Thursday Beverage Cart Shamrock Shakes <i>Resident's Rooms</i>	12 10:15a Small Group Exercise: Range of Motion <i>Fitness Center</i> 10:45a 1:30p Melody Living's Family Recipe Book <i>Harmony Room</i> 2:00p International Plant a Flower Day <i>Harmony Room</i>	13 10:15a Small Group Exercise: Weights <i>Fitness Center</i> 10:45a 11:30a Good News Discussion <i>Harmony Room</i> 1:30p Silly Saturday Movies <i>Theater</i> 2:00p Bingo <i>Resident's Room</i>
14 11:00a Church Services <i>Theater</i> 12:00p Sunday's Leisure Packet <i>Resident's Room</i> 2:00p Exercise Games: Water Pong <i>Harmony Room</i> 4:00p March Madness Begins! <i>TBD</i>	15 Rainbow and Unicorn Day 10:15a Small Group Exercise: Stretch <i>Fitness Center</i> 10:45a 11:30a Brain Awareness Week Facts: Neurotransmitter <i>Resident's Room</i> 2:00p Craft Corner: Ribbon Shamrock Pin <i>Harmony Room</i> 3:00p Resident Council <i>Harmony Room</i> 	16 Camouflage Day! 10:15a Small Group Exercise: Weights <i>Fitness Center</i> 10:45a 11:30a Brain Awareness Week: Dementia and Alzheimer's <i>Resident's Room</i> 1:30p Thriller Movie Tuesday <i>Theater</i> 2:00p Personality Tops the Charts: Personality Test <i>Harmony Room</i> 3:00p What's Your Leprechaun Name <i>Resident's Room</i> 	17 Wear Green Day 10:15a Tales of the Irish <i>Harmony Room</i> 10:45a Brain Games: What Am I? <i>Harmony Room</i> 11:15a Truth or Blarney <i>Harmony Room</i> 1:30p St. Patrick's Day Parade <i>Hallway</i> 2:00p Snack Cart: St. Paddy's Surprise Cookies <i>Resident's Room</i> 	18 Wear a Funny Shirt 10:15a Small Group Exercise: Balance <i>Fitness Center</i> 10:45a 11:30a Brain Awareness Week Facts: <i>Resident's Room</i> 2:00p-3:00p Thirsty Thursday Beverage Cart Flight O' Beer! <i>Resident's Rooms</i> 	19 Colorado Day- Wear Your Colorado Gear 10:15a Small Group Exercise: Range of Motion <i>Fitness Center</i> 10:45a 1:30p Melody Living's Family Recipe Book <i>Harmony Room</i> 2:00p TGIF: Pillsbury Party <i>Harmony Room/Resident's Room</i> 	20 Pajama Day 10:15a Small Group Exercise: Weights <i>Fitness Center</i> 10:45a 11:30a Good News Discussions <i>Harmony Room</i> 1:30p Silly Saturday Movies <i>Theater</i> 2:00p Bingo <i>Resident's Room</i> 	
21 11:00a Church Services <i>Theater</i> 12:00p Sunday's Leisure Packet <i>Resident's Rooms</i> 2:00p Exercise Games: Chair Belly Dancing <i>Harmony Room</i>	22 10:15a Small Group Exercise: Stretch <i>Fitness Center</i> 10:45a 11:30a Crosswords: March IQs <i>Resident's Room</i> 2:00p Men's Group: Milk Carton Bird Feeder <i>Harmony Room</i> 3:00p Women's Group: Milk Carton Bird Feeder <i>Harmony Room</i>	23 10:15a Small Group Exercise: Weights <i>Fitness Center</i> 10:45a 1:30p Thriller Movie Tuesday <i>Theater</i> 2:00p Life Size Scrabble <i>Penrose Lounge</i> 	24 10:15a Small Group Exercise: Bands <i>Fitness Center</i> 10:45a 11:30a Creative Corner: Paint by the Numbers <i>Art Room</i> 1:30p Wednesday Movies <i>Theater</i> 2:00p Brain Games: Jeopardy <i>Harmony Room</i>	25 10:15a Small Group Exercise: Balance <i>Fitness Center</i> 10:45a 11:30a Cranium Crunch: Famous March Birthdays <i>Resident's Room</i> 2:00p-3:00p Thirsty Thursday March Madness Ginger Shandy <i>Resident's Rooms</i>	26 10:15a Small Group Exercise: Range of Motion <i>Fitness Center</i> 10:45a 1:30p FINAL CALL Melody Living's Family Recipe Book <i>Harmony Room</i> 2:00p TGIF: Ice Cream Party Cart! <i>Resident's Rooms</i>	27 10:15a Small Group Exercise: Weights <i>Fitness Center</i> 10:45a 11:30a Good News Discussion <i>Harmony Room</i> 1:30p Silly Saturday Movies <i>Theater</i> 2:00p Bingo <i>Resident's Room</i>	
29 11:00a Church Services <i>Theater</i> 12:00p Sunday's Leisure Packet <i>Resident's Rooms</i> 2:00p Exercise Games: Ladder Ball <i>Harmony Room</i>	29 10:15a Small Group Exercise: Stretch <i>Fitness Center</i> 10:45a 11:30a Monthly Gazette <i>Resident's Room</i> 2:00p Programs Committee <i>Harmony Room</i> 4:00p Afternoon Walking Club <i>Meet in Harmony</i>	30 10:15a Small Group Exercise: Weights <i>Fitness Center</i> 10:45a 1:30p Thriller Movie Tuesday <i>Theater</i> 2:00p Craft Corner: Easter Bunny Chalk Pastel Art <i>Art Room</i>	31 10:15a Small Group Exercise: Bands <i>Fitness Center</i> 10:45a 1:30p Wednesday Movies <i>Resident's Room</i> 2:00p Craft Corner: Egg-Citing Potato Stamping <i>Harmony Room</i>	MARCH 2021 			<p>We thank you for your cooperation during this time. We will continue to do small group. We ask all residents participating in these activities continue to wear their masks, sanitize their hands, and practice social distancing. Activities are subject to change. Please be on the look out for "At a Glances" handed with Daily Chronicles every evening. If you have any questions or concerns, please connect with Danielle. Thank you again for your patience.</p>

