

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

 <h1 style="text-align: center;">November 2023</h1>						1	2	3	4
			NATIONAL STRESS AWARENESS DAY 9am Daily Chronicles 10:30am DIY: Stress relievers 12:30pm Sit and Be Fit 2-4pm Untwist & Reminisce -Fall Coloring -Puzzles -Bingo 6pm Wind down Movie Time	DEVILED EGG DAY 9am Daily Chronicles 10:30am Sing Alongs & Egg Mimosa 12:30pm Sit and Be Fit 2-4pm Untwist & Reminisce -Blast From the Past -Floral Arrangements -Memory Mania 6pm Wind Down Movie Time	NATIONAL SANDWICH DAY !! 9am Daily Chronicles 10am DIY: Fiesta Sandwich 12:30pm Exercise with Paxxon 2-4pm Untwist & Reminisce -Pretty & Polished - Dominoes -3pm Live Music Performance with Lone Wolf*(HR) 6pm Wind Down Movie Time	National Candy Day 9am Daily Chronicles 10:30am Cotton Candy & Coffee 12:30pm Sit and Be Fit 2-4pm Untwist & Reminisce -Word of the Day: CANDY -Candy Word Search -CandyLAND 6pm Wind Down Movie Time			
National Donut Day 8:30am Daily Chronicles 9am Sunday Service with Jim & Santina*(HR) 10am Donut Making 12:30pm Sit and Be Fit 2pm-4pm Untwist and Reminisce -Donut Painting -Donut Toss -Donut Crossword 6pm Wind Down Movie Time	NATIONAL DAY OF NACHOS 9am Daily Chronicles 10:30am Color the world Orange 12:30pm Exercise with Paxxon 2pm-4pm Untwist & Reminisce -Adult Coloring -Nacho Bar -Nacho Pile 6pm Wind Down Movie Time	7 9am Daily Chronicles 10am Fresh Pumpkin Bread Baking 12:30pm Sit and Be Fit Untwist & Reminisce -1:30pm Denise & Her Famous Dogs*(HR) -3pm Root Beer Float Bar*(B) 6pm Wind Down Movie Time	IT'S DUNCE DAY !! 9am Daily Chronicles 10:30am Thinking Cap Crafting 12:30pm Sit and Be Fit 2-4pm Untwist & Reminisce -Dunce Day Social -Bingo - Name that Painting 6pm Wind down Movie Time	National Louisiana Day 9am Daily Chronicles 10am Catholic Communion*(TR) 12:30pm Sit and Be Fit 2-4pm Untwist and Reminisce -Jazz Music Therapy - Louisiana Word Search - Fleur de Lis Decorating 5pm Family Night: Carmel Apple Dipping*(B) 6pm Wind Down Movie Time	National Vanilla Cupcake Day 9am Daily Chronicles 10am Go Team Therapy Dog Visit 12:30pm Exercise with Paxxon 2pm-4pm Untwist & Reminisce - Vanilla Fiesta - Puzzles - Cupcake Coloring 6pm Wind Down Movie Time	NATIONAL SUNDAE DAY 9am Daily Chronicles (Read by Staff) 12:30pm Sit and Be Fit 2pm-4pm Untwist & Reminisce - Hand Print Flag - Make Your Own Ice Cream Sundae -Write to a veteran 6pm Veterans Day Movie Tribute: Saving Private Ryan (1998 Classic) Veterans Day			
NATIONAL HAPPY HOUR DAY 8:30am Daily Chronicles 9am Sunday Service with Jim & Santina*(HR) 12:30 Sit & Be Fit 1:30pm Zumba with Delaney*(HR) 2pm-4pm Untwist & Reminisce -Mocktails -Tongue Twisters -Finish that Phrase 6pm Wind Down Movie Time	ODD SOCKS DAY !! 9am Daily Chronicles 10am Baking in Our Odd socks 12:30pm Exercise with Paxxon 2pm-4pm Untwist & Reminisce - Sock Painting - Sock Puppets - 3pm Live Music with Skip Moore*(HR) 6pm Wind Down Movie Time	LOOSEN UP, LIGHTEN UP DAY 9am Daily Chronicles 10am Fresh Pumpkin Bread Baking 2pm-4pm Untwist & Reminisce - Adult Coloring - Puzzles -3:30pm Apple Cider Social *(B) 6pm Wind Down Movie Time	NATIONAL BUNDT DAY !! 9am Daily Chronicles 10am LET'S BAKE: Fresh Lemon Tea Bread 12:30pm Sit and Be Fit 2-4pm Untwist & Reminisce -Tea Party -Bingo - Sugar Cube Stack 6pm Wind down Movie Time	NATIONAL BUTTON DAY !! 9am Daily Chronicles 10am Button Expression 12:30pm Sit and Be Fit 2-4pm Untwist & Reminisce -Button Down Boogie -Button Sorting -Building a Button Tree 6pm Wind Down Movie Time	NATIONAL BAKLAVA DAY 9am Daily Chronicles 10am Coffee Club 11am Hymns of Faith with Gordon 12:30pm Exercise with Paxxon 2pm-4pm Untwist & Reminisce -Old Timers Bash -Magnetic Fishing -Dominoes 6pm Wind Down Movie Time	Housing Day 9am Daily Chronicles 10am Build a bird house 11:30am Family and Friends Thanksgiving Celebration 1:30pm Holiday Music Performance with Ginger*(HR) 2pm-4pm Untwist & Reminisce -painting bird houses -Housing Word Search 6pm Wind Down Movie Time			
NATIONAL CAMP DAY 8:30am Daily Chronicles 9am Sunday Service with Jim & Santina*(HR) 12:30 Sit & Be Fit 2pm-4pm Untwist & Reminisce -S'MORES -Football: Broncos vs. Vikings -Camp Wordsearch 6pm Wind Down Movie Time	NATIONAL PEANUT BUTTER FUDGE DAY 9am Daily Chronicles 10:30am Make Reese's Peanut Butter Cups 12:30pm Exercise with Paxxon 2-4pm Untwist & Reminisce -2pm Live Music Performance with Gus Meza*(HR) -Adult Coloring 6pm Wind Down Movie Time	NATIONAL RED MITTEN DAY 9am Daily Chronicles (Read by Staff) 10am Fresh Pumpkin Bread Baking 12:30 Sit & Be Fit 2-4pm Untwist & Reminisce - Cut and Decorate Red Mittens -3:30pm Apple Pie Social *(B) - Hand Turkeys 6pm Wind Down Movie Time	NATIONAL JUKEBOX DAY 9am Daily Chronicles 10am Color & Coffee 12:30pm Sit and Be Fit 2-4pm Untwist & Reminisce -No Bake Thanksgiving Social -50's & 60's Sing along - Jukebox Crossword 6pm Wind down Movie Time	TURKEY DAY !! 9am Daily Chronicles 10am Catholic Communion*(TR) 12:30pm Sit and Be Fit 2pm-4pm Untwist & Reminisce -Thanksgiving Word search - Cornhole -Thanksgiving Bingo 6pm Wind Down Movie Time Thanksgiving Day (US)	MOVEMBER 9am Daily Chronicles 10am LET'S BAKE: Fresh Cinnamon Bread 12:30pm Exercise with Paxxon 2-4pm Untwist & Reminisce - Show your 'stache Bash -3pm Live Music Performance with George W.*(HR) - Pin the Stache on the Caretaker 6pm Wind Down Movie Time	NATIONAL PARFAIT DAY 9am Daily Chronicles 10am Make your own Parfait 12:30pm Sit and Be Fit 2-4pm Untwist & Reminisce - Yummy Desserts Word search - Parfait art - Memory Matching Game 6pm Wind Down Movie Time			
NATIONAL CAKE DAY 8:30am Daily Chronicles 9am Sunday Service with Jim & Santina*(HR) 12:30pm Sit and Be Fit 1:30pm Zumba with Delaney*(HR) 2-4pm Untwist & Reminisce -Let's Bake: Football Cake -Football: Broncos vs. Browns - Guess that Cake 6pm Wind Down Movie Time	BARVARIAN CREAM PIE DAY 9am Daily Chronicles 10am Make Barvarian cream pies 12:30pm Exercise with Paxxon 2-4pm Untwist & Reminisce - Oktoberfest - Oktoberfest Word Search -Barvarian Hat Making 6pm Wind Down Movie Time	FRENCH TOAST DAY 9am Daily Chronicles 10am Make your own French Toast 12:30pm Sit and Be Fit 2-4pm Untwist & Reminisce -Christmas Card Making -3pm November Birthday Bash! *(B) - Christmas Tree Decorating 6pm Wind Down Movie Time	NATIONAL CHOCOLATE DAY 9am Daily Chronicles 10am make a fudge fountain 12:30pm Sit and Be Fit 1:30pm Garden of the Gods Outing 2-4pm Untwist & Reminisce - Chocolate Fountain of Fruit - Chocolate Word Search 6pm Wind down Movie Time	NATIONAL MASON JAR DAY 9am Daily Chronicles 10am Decorate your Sensory Jar 12:30pm Sit and Be Fit 2-4pm Untwist & Reminisce -Fill Your Sensory Jar -3:45pm Piano Hour with Brooke -Rock Painting 6pm Wind Down Movie Time					

Activities are subject to change based on resident needs, wants and interests.