

Sunday

Monday

Tuesday

Wednesday

Thursday

Friday

Saturday

May 2021



10:30a	Kentucky Derby	TH	1
5:00p	Broadcast		
7:30p	Kentucky Derby	HR	
	Cocktails		
2:00p	Making May Day	HR	
	Baskets		
3:00p	Afternoon	HR	
	Exercise		

May Day



11:00a	Church Services	TH	2	10:30a	Exercise: Strength	HR	3	10:30a	Move N' Groove with Lisa	HR	4	10:30a	Exercise: Stretch	HR	5	10:30a	Move n' Groove with Lisa	HR	6	10:30a	Exercise: ROM	HR	7	10:30a	Exercise: Strength	HR	8
2:00p	Self-Care: Fancy Nails	HR		11:00a	Mother's Day Proclamation	DN		1:30p	Star Wars Marathon	TH		11:00a	Peso Toss	DN		11:00a	Making Tea Party Hats	AR		11:30a	Mother's Day Lunch	DN		11:00a	Learning about Famous Mothers	DN	
3:00p	Journaling: Gratitude	HR		2:00p	Mother's Day Photoshoot!	HR		2:00p	Motherly Humor	HR		2:00p	Interactive Cooking Demo	HR		2:00p	Interactive Cooking Demo	HR		11:30a	Mother's Day Lunch	DN		1:00p	Sweet Treats for Moms!	HR	
4:00p	Walking Club	FC		3:00p	Building a Garden	HR		3:00p	Talking about Mother's Day	HR		3:00p	Discussion Group: Childhood Memories	HR		3:00p	Discussion Group: Childhood Memories	HR		2:00p	Mother's Day High Tea	HR		2:00p	A Mama Matinee	TH	
													4:00p	Cinco De Mayo Trivia	HR												
														Cinco de Mayo													

9:00a	Mimosas & Surprise	RR	9	10:30a	Exercise: Strength	HR	10	10:30a	Move N' Groove with Lisa	HR	11	10:30a	Exercise: Strength	HR	12	10:30a	Move n' Groove with Lisa	HR	13	10:30a	Exercise: ROM	HR	14	10:30a	Exercise: Strength	HR	15
11:00a	Church Services	TH		11:00a	Trivia: Garden	DN		11:00a	Lunch Time Walking Club	DN		11:00a	Patio Chat	CY		11:00a	Lunch Time Facts!	DN		11:00a	Lunch Time Facts!	DN		11:00a	Arm Forces Sing a Along	DN	
2:00p	Mother's Day Spa Treatment	HR		2:00p	Discussion Group: Marriage Advice	HR		2:00p	DIY: Wine Bottle Wind Chimes	HR		1:30p	The Flower Experiment	AR		2:30p	Colorado Rocks	HR		2:30p	Colorado Rocks	HR		1:30p	Pregame and Safety: Sunscreen and Drinks	BT	
3:30p	Mother's Day Awards	HR		3:00p	Making Garden Gnomes & Drinking Lemonade	HR		3:00p	Resident Spot Light: Norma Casad	HR		2:00p	Garden Bingo	HR		2:00p	Interactive Cooking in MS	MS		2:00p	Interactive Cooking in MS	MS		2:00p	What is Armed Forces Day?	HR	
	Mother's Day											3:00p	Gardening for Health	HR		3:00p	Horse Shoes	HR		2:00p	Garden Party!	HR					
												4:00p	Walking Club!	LB													

Armed Forces Day

11:00a	Church Services	TH	16	10:30a	Exercise: Strength	HR	17	10:30a	Move N' Groove with Lisa	HR	18	10:30a	Exercise: Strength	HR	19	10:30a	Move n' Groove with Lisa	HR	20	10:30a	Exercise: ROM	HR	21	10:30a	Exercise: Strength	HR	22		
2:00p	Self-Care: Happy Reads	HR		11:00a	Making Passports	DN		11:00a	Lunch Time Walking Club	DN		11:00a	Patio Chat	DN		11:00a	Lunch Time Facts!	DN		11:00a	Lunch Time Facts!	DN		1:00p	Hydrate And Trivia	DN	1:30p	Popcorn and Movies	DN
3:00p	Journaling: Feelings	HR		2:00p	Discussion Group: Reminisce on Music	HR		2:00p	A Virtual Tour Visit to Mexico	TH		2:00p	The Fiesta Shopping Game!	HR		2:00p	Interactive Cooking Demo	HR		2:00p	Interactive Cooking Demo	HR		2:00p	Viva La Mexico Fiesta!	HR	2:00p	Bingo!	TH
4:00p	Walking Club	FC		3:00p	Flower Arranging	HR						3:00p	Learning the Macarena!	HR		3:00p	Wii Bowling	HR		3:00p	Wii Bowling	HR		3:00p	Crafts with Blue Mesa	HR	3:00p	Crafts with Blue Mesa	HR
	Shavuot Begins																												

11:00a	Church Services	TH	23	10:30a	Exercise: Strength	HR	24	10:30a	Move N' Groove with Lisa	HR	25	10:30a	Exercise: Strength	HR	26	10:30a	Move n' Groove with Lisa	HR	27	10:30a	Exercise: ROM	HR	28	10:30a	Exercise: Strength	HR	29		
2:00p	Self-Care: Patio and Infused Water	HR		11:00a	Air Force Academy Facts	DN		11:00a	Lunch Time Walking Club	DN		11:30a	Lunch Time/ AFA Fly over	PT		11:00a	Lunch Time Facts!	DN		11:00a	Lunch Time Facts!	DN		11:00a	Hydrate and Trivia	DN	1:30p	Popcorn and Movies	DN
3:00p	Journaling: Reminisce	HR		2:00p	Resident Council	HR		2:00p	Ambassador Club	HR		2:00p	Writing Words of Wisdom for Next AFA Graduates	HR		2:00p	Scenic Drive	HR		2:00p	Scenic Drive	HR		2:00p	Memorial Day: Senior Prom! 2021	HR DR	2:00p	Bingo!	TH
4:00p	Walking Club	FC		3:00p	Painting Ice Cubes	HR		3:00p	Community Life Meeting	HR		3:00p	Memory Jar	HR		3:00p	Balloon Pop!	HR		3:00p	Balloon Pop!	HR		3:00p	Crafts with Blue Mesa	HR	3:00p	Crafts with Blue Mesa	HR
					Victoria Day (Canada)																								

11:00a	Church Services	TH	30	8:00a	The Lowering of the Flag	LB	31	 <div data-bbox="1678 1643 2253 1834" data-label="Text"> <h2>Life in Harmony</h2> <h3>MELODY LIVING</h3> </div> 															
2:00p	Self-Care: Aroma Therapy	HR		12:00p	Memorial Day BBQ	DN/PT																	
3:00p	Journaling: Reminisce	HR		1:00p	Cornhole Competition	PT																	
4:00p	Walking Club	FC		2:00p	Memorial Day Religious Services	HR																	
								Memorial Day															