

SUNDAY	MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY	SATURDAY
Melody Living 7600 Sandy Rock Pt C.Springs Colorado 80924 719-900-4005			October	2021	1 9:00 Walking Club 10:00 Chair Exercise 2:00 BINGO 3:30p Live Entertainment 6:00p Evening Movie	2 9:00a Walking Club 10:00a Chair Exercise 2:00p Act. Planning RAP 3:00 Leisure Games 6:00p Evening Movie
3 9:00a Walking Club 10:00a Stream Churches 2:00p Leisure Activities 3:00 Afternoon Matinee 6:00p Evening Movie	4 9:00 Walking Club 10:00 Bible Study 11:00 Chair Exercise 1:30 Store Trip & Frappes 6:00p Evening Movie	5 9:00a Walking Club 10:00a Chair Exercise 2:00 Resident Council 3:00 Watercolor Painting 6:00p Evening Movie	6 9:00a Walking Club 10:00a Open Exercises 2:00 Leisure Games 3:00 Afternoon Matinee 6:00p Evening Movie	7 9:00 Walking Club 10:00 Chair Exercise 2:00 Food Forum 3:00 Music w/ Friends 6:00 Evening Movie	8 9:00a Walking Club 10:00a Chair Exercise 2:00p BINGO 3:00 Happy Hour 6:00p Evening Movie	9 9:00a Walking Club 10:00a Chair Exercise 2:00p Afternoon Trivia 3:00 Cards w/ Friends 6:00p Evening Movie
10 9:00a Church Service 10:30a Stream Churches 2:00p Leisure Activities 3:00p Afternoon Movies 6:00p Evening Movies	11 9:00a Walking Club 10:00a Bible Study 11:00a Chair Exercise 1:30 Store Trip 6:00 Evening Movie	12 9:00a Walking Club 10:00a Bookmobile PPLD 11:00 Chair Exercise 2:00p Family Feud 6:00p Evening Movie	13 9:00a Walking Club 10:00a Open Exercise 2:00p Leisure Games 3:00p Afternoon Matinee 6:00p Evening Movie	14 9:00a Walking Club 10:00a Chair Exercise 2:00p Cooking Demo 3:00p Music w/ Friends 6:00p Evening Movie	15 OKTOBERFEST 9:00a Walking Club 10:00a Chair Exercise 2:00 BINGO 3:00p Beer Tasting 6:00p Evening Movie	16 9:00a Walking Club 10:00a Chair Exercise 2:00p Crafting 3:00p Cards w/ Friends 6:00p Evening Movie
17 9:00a Walking Club 10:00a Stream Churches 2:00p Leisure Activities 3:00p Afternoon Movies 6:00p Evening Movies	18 9:00a Walking club 10:00a Bible Study 11:00a Chair Exercise 1:30 Bus Trip (Thrifting) 6:00p Evening Movie	19 9:00 Walking Club 10:00a Chair Exercise 11:30a WOMENS LUNCH 2:00 Live Ventriloquist 6:00p Evening Movie	20 9:00a Walking Club 10:00a Open Exercise 2:00p Leisure Games 3:00 Afternoon Matinee 6:00p Evening Movie	21 9:00 Walking Club 10:00a Chair Exercise 2:00p Wellness Talk 3:00p Music w/Friends 6:00p Evening Movie	22 9:00a Walking Club 10:00a Chair Exercise 2:00p BINGO 3:00p Happy Hour 6:00p Evening Movie	23 9:00a Walking Club 10:00a Chair Exercise 2:00p Crafting 3:00p Fall Decorating 6:00p Evening Movie
24 9:00a Church Service 10:00a Stream Churches 2:00p Leisure Activities 3:00p Afternoon Movies 6:00p Evening Movies	25 9:00a Walking Club 10:00a Bible Study 11:00a Chair Exercise 1:30p Bus Trip 6:00p Evening Movie	26 9:00 Walking Club 10:00a Chair Exercise 11:30 MEN'S LUNCH 2:00p Denise & Joey 6:00p Evening Movie	27 9:00a Walking Club 10:00a Open Exercise 2:00p Leisure Game 3:00p Thriller Matinee 6:00p Evening Movie	28 9:00a Walking Club 10:00a Chair Exercise 2:00p Pumpkin Painting 3:00p Music w/ Friends 6:00p Evening Movie	29 9:00a Walking Club 10:00a Chair Exercise 2:00p Haunted House 3:00p Bingo/ Happy Hour 6:00p Evening Movie	30 9:00a Walking Club 10:00a Chair Exercise 2:00p Trunk or Treat 3:00p Bistro Time 6:00p Evening Movie
31 9:00a Walking Club 10:00a Stream Churches 2:00p Leisure Activities 3:00 Thriller Movie 6:00p Evening Movie					Activities are subject to change.	